

What is Sexual Assault?

Sexual assault is any unwanted sexual contact or activity that occurs without clear, willing, and ongoing consent. It can happen to anyone regardless of age, gender, or relationship to the person who caused harm.

Sexual Assault Can Look Like:

- Forcing or pressuring for unwanted sexual activity
- Any sexual contact without consent
- Restricting access to birth control or reproductive choices
- Sexual humiliation or degradation

Sexual assault is never the survivor's fault. Every person deserves safety, dignity, and the support to heal.

We are here for you

We are here for you. Healing from sexual assault takes courage, and you don't have to do it alone. Our professionally trained sexual assault victim advocates are ready to walk alongside you through every step of your journey, providing support, resources, and a safe space to heal at your own pace.

We work to empower survivors to rebuild their lives and break the cycle of violence to create a safer community through outreach, education, and awareness.



Have questions or want to learn more? Get in touch with us!

219-879-4615 (24-hour crisis line)
info@steppingstoneshelter.org
www.steppingstoneshelter.org



Survivors of
Sexual
Assault
Support

Stepping Stone Shelter

www.steppingstoneshelter.org

Not Sure If You're Experiencing Sexual Violence?

Sexual violence isn't always what you see in the movies. It can happen between people who know each other, within relationships, and without physical force. If someone touched you without your consent, pressured you into sexual activity, or made you feel unsafe, that is sexual violence.

You don't need a perfect story or visible injuries to deserve support. If something didn't feel right, trust yourself. We are here to listen, with no pressure and no judgment.

How to Contact Us:

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How We Can Help You

When crisis strikes, we are here, immediately and without hesitation:

- 24-Hour Emergency Shelter & Transitional Housing
- Immediate Needs Assessment & Safety Planning
- Support During Medical Exams
- Assistance Filing Charges & Protective Orders
- Accompaniment During Legal Proceedings
- Emotional Support & Coping Strategies
- Family & Friends Education

Building Your Support Network:

- Healing takes time, and you don't have to do it alone. We stand with every survivor by offering:
- Individual Counseling & Support Groups
- Case Management & Safety Planning
- Housing Resources

Knowing Your Rights

As a survivor, you have rights: the right to be treated with dignity, to be informed, and to seek justice on your own terms.

Our advocates will help you understand and exercise those rights every step of the way.

Ask us about your Victim Rights or scan the QR code to visit our website and learn more.

We stand strong in a community built over four decades, because this story belongs to everyone. There is always a chair at this table for you.



Did You Know:

3 out of 5 women in the state of Indiana, which is 60% of women, experience sexual violence in their lifetime. For men, it's 25%, or one in 4 men in the state will experience sexual and or domestic violence.