

What is Domestic Violence:

- Emotional abuse can be continual criticism, isolation from family/friends, threats, and humiliation.
- Financial abuse is controlling how money is spent, denying access to bank accounts, sabotaging employment, withholding money for basic needs, and demanding a partner's public benefits.
- Physical abuse can include pushing, slapping, choking, trapping a partner, reckless driving to frighten, and preventing access to medical help or police.
- Sexual abuse includes forcing unwanted sexual activity, not asking for consent, restricting access to birth control, and sexual humiliation.

We are here for you

We are committed to providing support to victims of domestic and intimate partner violence through access to a professionally trained domestic violence victim advocate who will support you through your entire healing journey.

We work to empower survivors to rebuild their lives and break the cycle of violence to create a safer community through outreach, education, and awareness.



Have questions or want to learn more? Get in touch with us!

219-879-4615 (24-hour crisis line)
info@steppingstoneshelter.org
www.steppingstoneshelter.org



Survivors of
Domestic
Violence
Support

Stepping Stone Shelter

www.steppingstoneshelter.org

Not Sure If You're Experiencing Domestic Violence?

Many times, abuse can be difficult to recognize in your own life or in the lives of those within your community. No two cases look the same.

If you are unsure, need more information, or just want some advice, please reach out to our trained staff. Our community is here to provide support, safety, and healing for those in need.

Contacting us today might be the first step in building a healthy life, or it might simply be reaching out for a lifeline you're not ready to activate yet. We are here for you. We are available 24 hours per day.

How to Contact Us:

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How We Can Help You

When support is needed, we are here. We can offer support in the following ways:

- 24 Hour Emergency Shelter & Transitional Housing
- Assistance in Filing Charges with Law Enforcement
- Support During Medical Exams
- Support in Filing a Protective Order
- Emotional Support & Coping Strategies
- Addressing Immediate Needs
- Creating a Safety Plan
- Accompaniment During Legal Proceedings
- Education for Family and Friends on Domestic/Intimate Partner Violence.

Did You Know:

3 out of 5 women in the state of Indiana, which is 60% of women, experience sexual violence in their lifetime. For men, it's 25%, or one in 4 men in the state will experience sexual and/or domestic violence.

Building Your Support Network

Healing is a process that requires time and support. At Stepping Stones, we stand in power and save space for all survivors. We do this by:

- Offering Support Groups
- Counseling Resources
- Housing Resources
- Resume Building & Application Help
- Case Management
- Safety Planning

We stand strong in a community built over four decades because this story belongs to everyone. All are welcome to pull up a chair in support of our community of survivors.

SCAN ME

