

What is Domestic Violence:

- **Emotional abuse** can be continual criticism, isolation from family/friends, threats, and humiliation.
- **Financial abuse** is controlling how money is spent, denying access to bank accounts, sabotaging employment, withholding money for basic needs, and demanding a partner's public benefits.
- **Physical abuse** can include pushing, slapping, choking, trapping a partner, reckless driving to frighten, and preventing access to medical help or police.
- **Sexual abuse** includes forcing unwanted sexual activity, not asking for consent, restricting access to birth control, and sexual humiliation.

We are here

For survivors and for the community that surrounds them. Through professionally trained domestic violence victim advocates, we provide support, resources, and a path forward for those affected by domestic and intimate partner violence. Because when one person heals, the whole community grows stronger.



We are Here for you, as your local advocacy center.

We work to empower survivors to rebuild their lives and break the cycle of violence to create a safer community through outreach, education, and awareness.

Have questions or want to learn more?

Get in touch with us!

219-879-4615 (24-hour crisis line)

info@steppingstoneshelter.org

www.steppingstoneshelter.org



Domestic
Violence
Education

Stepping Stone Shelter

www.steppingstoneshelter.org

Prevention

This story belongs to all of us. Through awareness, early intervention, and four decades of community partnerships, we work to stop abuse before it starts. Every conversation is an act of protection.



Did You Know:

3 out of 5 women in the state of Indiana, which is 60% of women, experience sexual violence in their lifetime. For men, it's 25%, or one in 4 men in the state will experience sexual and or domestic violence.

Education

We provide our community with the knowledge and tools to recognize abuse, respond with confidence, and break the cycle of violence.

Our educational offerings include presentations on:

- Domestic Violence
- Dating Violence
- Healthy Relationships
- Sexual Assault
- 24-Hour Crisis Line
- Community Partnerships

An informed community is the foundation of lasting change.

How You Can Help

Through volunteers, donations, mentors, and internships, you can stand in for those who need us most. Scan the QR code to learn how.

SCAN ME



How We Help

When Crisis Strikes, we are here immediately and without hesitation:

- 24-Hour Emergency Shelter & Transitional Housing
- Immediate Needs Assessment & Safety Planning
- Support During Medical Exams
- Assistance Filing Charges & Protective Orders
- Accompaniment During Legal Proceedings
- Emotional Support & Coping Strategies
- Family & Friends Education

On the Road to Healing:

- Individual Counseling & Support Groups
- Case Management & Safety Planning
- Housing Resources
- Resume Building & Job Assistance

We stand with every survivor. There is always a chair at this table for you.